

Citrus Elementary School

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### **IMPORTANT DATES**

Mar 13 – Daylight Savings Time Begins Mar 14-18...Spring Break-No School Mar 25......Spring Break Day-No School Mar 28......Spring Travel Day-No School



# **LOST AND FOUND**

Our Lost & Found is still overflowing. Please check it daily for your child's missing clothing, and other items! Make sure to put names on all of their belongings so when they are found, they can be returned to the owner. Thank You!

## 10th ANNUAL WALK & RUN CELEBRATION 2016

Bring the whole family to this free event. The first 300 pre-registered kids to pick up their packet get a free t-shirt (while supplies last)! Pre-register by April 10<sup>th</sup> and pick up your race day packets at Fleet Feet in downtown Chico April 14-15 between 10AM-6PM. Register online at:

www.growninghealthychildrenchico.com/register
Or register race day Saturday April 16<sup>th</sup>, 2016 between
7:30AM to 8:15AM. The race starts promptly at
8:30AM

#### **COMMUNITY BAND CONCERT**

As part of its fundraising efforts, the Paradise High School Band will be sponsoring a community band concert featuring bands from the Paradise, Chico and Oroville areas on Thursday, March 24<sup>th</sup> at 7PM. It will be held at the Paradise Performing Arts Center, 777 Nunneley Rd., Paradise, CA. Admission is free with donations are accepted.

Have a wonderful Spring Break!!

See you on March 21<sup>st</sup>

### **HEALTHY SNACKS**

Just sending out a friendly reminder that Citrus Elementary adheres to the District's Wellness Policy. Please refrain from sending your children with sugary drinks or snacks. We would like you to encourage your children to bring in healthy snacks and lunches. If an unhealthy snack is brought in we try to encourage the children to eat it after school. If you have any questions please refer to Chico Unified School District Wellness Policy on their website at <a href="https://www.chicousd.org">www.chicousd.org</a>. Thank You!

## **NOTES FROM THE NURSE**

The cold and flu season is upon us. We recommend that your child not be sent to school if experiencing flu/cold symptoms. When deciding whether or not send your child to school, please consider the following guidelines.

Definitely keep your child at home for treatment and observation:

- Fever (greater than 100 degrees -- return to school only after temperature has been consistently below 100 degrees for a minimum of 24 hours)
- Vomiting (even just once)
- Diarrhea
- Chills
- General malaise
- Wet or croup-sounding cough
- Excessive nasal congestion with frequent blowing of nose



REMINDER: Citrus is a latex free school. Please keep all those new toys at home.